



2022 PCS Track and Field & Cross Country Schedule

B-Meets (All-Comers): These are 1-day meets

~~February 26: Long Beach Sprinters. Location: Warren High School. 1st Call at 7:15am (B-1)~~

~~March 5: PCS Time Trial 1: Location Stubhub Center Track 9a-1p~~

~~March 12: Bay Cities Unleashed. Location: TBD (B-2)~~

~~March 18th-20th: USATF National Youth Indoor Championships Staten Island, NY~~

~~March 19: OC Grit Distance Relay Carnival. Location: TBD~~

~~March 20: PCS Time Trial 2: Location: Stubhub Center Track 9a-1p. All volunteers will use this time to train with their Individual Teams. Warmup begins at 8:15am.~~

~~March 26: Los Angeles Jets Relay Carnival. Location: Warren High School~~

~~April 2: Chino Pumas. Location: Chino High School (B-1)~~

~~April 9: Imani. Location: TBD (B-2)~~

A-Meets (SCA Junior Olympic Qualifiers): These are 2 or 3 day meets and have all of the USATF events offered

~~April 16: Pasadena Running Roses (Field Event Only). Location: Muir High School Pasadena, CA~~

~~April 16: PCS Time Trail 3: Location: Stubhub Center Track~~

~~April 23-24: Pacific Coast Shockwaves Invitational: Location: Irvine High School~~

~~April 30-May 1: Long Beach Sprinters Invitational. Location: TBD~~

~~May 14th-May 15th: Bay Cities Unleashed. Location: TBD~~

~~May 21-22: Pasadena Running Roses Invitational. Location: Muir High School Pasadena, CA~~

~~May 28-29: Los Angeles Jets Invitational. Location: Warren High School~~



June 3-5: West Coast Classic hosted by the Pacific Coast Shockwaves.
Location: Falcon Stadium-Cerritos College 11110 Alondra Blvd,
Norwalk, CA 90650

Track and Field Post-Season

June 10-12: Southern California Association Championships (Location:
Warren High School or Cerritos College)

AAU Regional 23 Qualifier: June 16-19: Location: Lancaster, CA
(Requires AAU Membership)

Nike Outdoor Nationals: June 16-19: Location: Hayward Field, Eugene
Oregon-We will take all Middle School qualifiers. Qualification
standards have been posted on our website.

Region 15 Championships: June 23-26 (meet will start off with the
Multi-Event Qualification). Location: Orange Glen High School 2200
Glenridge Rd, Escondido, CA 92027

USATF Youth Outdoor Championships: June 29- July 2 Randall's, NY

**Speed Capital West Coast National Showcase: July 1-3: Location:
Falcon Stadium-Cerritos College 11110 Alondra Blvd, Norwalk, CA
90650**

July 16-17: California State Games. Location: University City High School
6949 Genesee Ave, San Diego, CA 92122

July 25-31: USATF Junior Olympics National Championships (California
State University Sacramento)

July 30- Aug 6: AAU Track and Field Junior Olympics: North Carolina
A&T, Greensboro, NC (Requires AAU Membership)

2022 PCS Cross Country Schedule



September 17 (Saturday): Valley United Striders Invitational: Central Park-Santa Clarita

September 26: OC Grit Invitational#1. Location: Central Park-Huntington Beach

October 2: Pacific Coast Shockwaves Invitational#1. Location: Peck Park San Pedro, CA

October 9: Free Spirit invitational

October 16 Pacific Coast Shockwaves Invitational#2 (Note PCS#2 and OCGrit#2 might swap dates). Location: Peck Park San Pedro, CA

October 23: OC Grit#2. Location: Central Park-Huntington Beach

October 30: Los Angeles Jets Invitational. Location: Hartwell Park Long Beach, CA

November 13: Southern California Association Championship. Location: Central Park-Santa Clarita

November 20 (Date is pending): Region 15 Championship. Location: Las Vegas, NV

December 3: AAU Cross Country Junior Olympics. Location: TBD

December 10: USATF Cross Country Junior Olympics. Location: Texas A&M University