

PACIFIC COAST SHOCKWAVES

Circle One: Girls/Women Boys/Men
 8&U 9-10 11-12 13-14 15-16 17-18

Event: 1500M 100M 4x100M 200M (5&6)
 400M 200MH 1500 RW 4x800M

HEAT # _____
 Start Time: _____ End: _____ Recorder: _____ Master Timer: _____

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1	Name: <u>Aniya Young</u> Team: <u>Crazy Speed</u> Event: <u>100m</u> Division: <u>15-16</u> Gender: <u>F</u>	15.596	7
2	Name: <u>Alanah Parnell</u> Team: <u>PCS</u> Event: <u>100m</u> Division: <u>15-16</u> Gender: <u>F</u>	13.402	1
3	Name: <u>Shayla Smith Whitaker</u> Team: <u>JS Strider</u> Event: <u>100</u> Division: <u>13/14</u> Gender: <u>F</u>	15.429	6
4	Name: <u>Kura Bacon</u> Team: <u>LA Jets</u> Event: <u>100</u> Division: <u>15-16</u> Gender: <u>G</u>	14.213	3
5	Name: <u>Amiyah Jones</u> Team: <u>Crazy Speed</u> Event: <u>100m</u> Division: <u>15-16</u> Gender: <u>F</u>	15.372	5
6	Name: <u>JASHAWANNA SMILEY</u> Team: <u>F.O.C.O.S</u> Event: <u>100m</u> Division: <u>15-16</u> Gender: <u>CERL</u>	14.959	4
7			
8	NO sticker	13.582	2
9			

DNS = Did Not Show, DNF = Did Not Finish, DQ = Disqualified

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HEAT # _____
 Start Time: _____ End: _____ Recorder: _____ Master Timer: _____

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1			
2	Name: <u>Lily Baer</u> Team: <u>Arcadia</u> Event: <u>400</u> Division: <u>15/16</u> Gender: _____ SHOCKWAVES	1:09.50	
3	Name: <u>Cearion Turner</u> Team: <u>Unathletic</u> Event: <u>400</u> Division: <u>15-16</u> Gender: <u>F</u> SHOCKWAVES	1:07.14	
4	Name: <u>Aniya Young</u> Team: <u>Crazyspeed</u> Event: <u>400m</u> Division: <u>15-16</u> Gender: <u>F</u> SHOCKWAVES	1:26.10	
5	Name: <u>Kyra Bacon</u> Team: <u>LA Jets</u> Event: <u>400</u> Division: <u>15-16</u> Gender: <u>G</u> SHOCKWAVES	1:07.51	Incl
6	Name: <u>Alann Parnell</u> Team: <u>PCS</u> Event: <u>400</u> Division: <u>15-16</u> Gender: <u>F</u> SHOCKWAVES	1:14.60	
7	Name: <u>An Shavla Whitaker</u> Team: <u>JS Striders</u> Event: <u>400m</u> Division: <u>15/16</u> Gender: _____ SHOCKWAVES	1:24.00	
8	Name: <u>Amiah Jones</u> Team: <u>Crazyspeed</u> Event: <u>400m</u> Division: <u>15-16</u> Gender: <u>F</u> SHOCKWAVES	1:27.75	
9			

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PACIFIC COAST SHOCKWAVES

Circle One: Boy's/Men's Girl's/Women's Event: Javelin
 8&U 9-10 11-12 13-14 15-16 17-18

FLIGHT # _____
 Start Time: _____ End: _____ Recorder: Chris Sporer Head _____

13
10
14
11

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
1	Name: <u>Lily Baer</u> Team: <u>Arcadia Dragons</u> Event: <u>Javelin</u> Division: <u>15/16</u>	✓	✓	✓	✓	29.8	
2	Name: <u>Shauna Clark</u> Team: <u>Arcadia D</u> Event: <u>Javelin</u> Division: <u>15/16</u> Gender: _____	✓	✓	✓	✓	9.80	
3							
4							
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7							
8							
9							

Dash = Pass F = Foul

PACIFIC COAST SHOCKWAVES

Circle One: Boy's/Men's ~~Girl's/Women's~~ Event: Long Jump
 8&U 9-10 11-12 13-14 15-18 17-18

FLIGHT #



Start Time: _____ End: _____ Recorder _____ Head _____

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
1	Name: <u>Lily Baer</u> Arcadia Team: <u>Dragons</u> Event: <u>LJ</u> Division: <u>15/16</u> Gender: <u>F</u>	4.21	4.10	4.59	4.57	4.59	1
2	Name: <u>Alannah Parnell</u> Team: <u>Shock</u> Event: <u>Long Jump</u> Division: <u>15-18</u> Gender: <u>Female</u>	4.12	Fail	4.27	Fail	4.27	2
3	Name: <u>Shauna Clark</u> Team: <u>Arcadia D</u> Event: <u>LJ</u> Division: <u>15/16</u> Gender: <u>F</u>	Fail	Fail	Fail	2.55	2.55	3
4							
5							
6							
7							
8							
9							

PACIFIC COAST SHOCKWAVES

Circle One: Boy's/Men's Girl's/Women's Event: Shot Put
 8&U 9-10 11-12 13-14 15-16 17-18

FLIGHT #
 Start Time: 9:25 End: 9:36 Recorder Brandy Head Darrell

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
	Name: <u>Lily Baer</u> Team: <u>Arcadia</u> Event: <u>SP</u> Division: <u>15/16</u> Gender: _____ 	7.62	6.21	7.04	7.50	7.62	1 st
	Name: <u>Shauna Clark</u> Team: <u>Arcadia D</u> Event: <u>SP</u> Division: <u>15/16</u> Gender: _____ 	4.54	4.39	4.93	6.24	6.24	2 nd
3							
4							
5							
6							
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8							
9							
Dash = Pass, F = Foul							

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Circle One: Girls/Women Boys/Men

Event: 1500M 100M 4x100M 200M (5&6)

HEAT # 8&U 9-10 11-12 13-14 15-16 17-18

400M 200MH 1500 RW 4x800M

Start Time: _____ End: _____ Recorder: _____ Master Timer: _____

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1	Name: <u>Earon Ervin</u> Team: <u>unattached</u> Event: <u>400</u> Division: <u>17-18</u> Gender: <u>Female</u>	 1:08.06	
2			
3			
4			
5			
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8			
9			

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