

# PACIFIC COAST SHOCKWAVES

Circle One: Girls/Women Boys/Men  
 8&U 9-10 11-12 13-14 15-16 17-18

Event: 1500M 100M 4x100M 200M (5&6)  
 400M 200MH 1500 RW 4x800M

HEAT # 1  
 Start Time: \_\_\_\_\_ End: \_\_\_\_\_ Recorder: \_\_\_\_\_ Master Timer: \_\_\_\_\_

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1			
2			
3	Name: <u>Donath Goldstein</u> Team: <u>PRR</u> Event: <u>200m</u> Division: _____ Gender: <u>M</u>	29.43	6th
4	Name: <u>Emiliano Claudio</u> Team: <u>PCS</u> Event: <u>200M</u> Division: <u>15-16</u> Gender: <u>M</u>	26.62	3rd
5	Name: _____ Team: <u>Owen Stein</u> <u>Arcadia Dragons</u> Division: _____ Event: <u>200</u> Age: <u>15/16</u>	29.07	5th
6	Name: <u>Issac Lewis</u> Team: <u>PCS</u> Event: <u>200m</u> Division: <u>15-16</u> Gender: <u>M</u>	23.85	1st
7	Name: <u>Stephan Fister</u> Team: <u>Chris Parnas</u> Event: _____ Division: _____ Gender: _____	26.10	2nd
8	Name: <u>Aiden Henriquez</u> Team: <u>PCS</u> Event: <u>200m</u> Division: <u>15-16</u> Gender: <u>Boys</u>	27.08	4th
9			

DNS = Did Not Show, DNF = Did Not Finish, DQ = Disqualified

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Circle One: Girls/Women Boys/Men  
 8&U 9-10 11-12 13-14 15-16 17-18

Event: 1500M 100M 4x100M 200M(5&6)  
 400M 200MH 1500 RW 4x800M

HEAT # 2  
 Start Time: \_\_\_\_\_ End: \_\_\_\_\_ Recorder: \_\_\_\_\_ Master Timer: \_\_\_\_\_

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1			
2	Name: <u>Justin Johnson</u> Team: <u>Icon</u> Event: <u>200</u> Division: <u>15-16</u> Gender: <u>Boys</u>	26.07	5
3	Name: <u>DAVIS - LYRIC</u> Team: <u>Rising Stars</u> Event: <u>200</u> Division: <u>15-16</u> Gender: <u>Boys</u>	25.84	3
4	Name: <u>Keim Heakes Jr</u> Team: <u>Falcon Track</u> Event: <u>200</u> Division: <u>15-16</u> Gender: <u>M</u>	27.11	6
5	Name: <u>Asa Johnson</u> Team: <u>PCS</u> Event: <u>200M</u> Division: <u>15.16</u> Gender: <u>M</u>	26.05	4
6	Name: <u>Noah Addison</u> Team: <u>Falcon Track</u> Event: <u>200</u> Division: <u>15-16</u> Gender: <u>M</u>	28.36	7
7	Name: <u>Laurence Williams</u> Team: <u>PCS</u> Event: <u>200m</u> Division: <u>15.16</u> Gender: <u>M</u>	25.24	1
8	Name: <u>Trevor Wood</u> Team: <u>QTC</u> Event: <u>200m</u> Division: <u>15/16</u> Gender: <u>M</u>		
9	Name: <u>Medrick Burnett</u> Team: <u>New Era</u> Event: <u>200</u> Division: <u>15-16</u> Gender: <u>Boys</u>	25.47	2

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# PACIFIC COAST SHOCKWAVES

Circle One: Girls/Women Boys/Men

Event: 1500M 100M 4x100M 200M (5&6)

8&U 9-10 11-12 13-14 15-16 17-18 800m

400M 200MH 1500 RW 4x800M

HEAT # 1 of 1

Start Time: \_\_\_\_\_ End: \_\_\_\_\_ Recorder: \_\_\_\_\_ Master Timer: \_\_\_\_\_

9 runners

Lane #	Name	Time (min:sec.sec)	PLACE
	Name: <u>Isaac Lewis</u> Team: <u>PCS</u> Event: <u>800m</u> Division: <u>15-16</u> Gender: <u>B</u>	2:12:07	1
	Name: <u>Emiliano Claudia</u> Team: <u>PCS</u> Event: <u>800m</u> Division: <u>15-16</u> Gender: <u>B</u>	2:18:96	2
	Name: <u>Asa Johnson</u> Team: <u>PCS</u> Event: <u>800</u> Division: <u>15-16</u> Gender: <u>M</u>	2:18:98	3
	Name: <u>Kevin Leakes II</u> Team: <u>Falcon Track</u> Event: <u>800</u> Division: <u>15-16</u> Gender: <u>M</u>	2:26:97	4
	Name: <u>Justin Johnson</u> Team: <u>Icon</u> Event: <u>800</u> Division: <u>15-16</u> Gender: <u>Boys</u>	2:28:76	5
	Name: <u>Aiden Henriquez</u> Team: <u>PCS</u> Event: <u>800m</u> Division: <u>15-16</u> Gender: <u>boys</u>	2:33:07	6
	Name: <u>Noah Addison</u> Team: <u>Falcon Track</u> Event: <u>800</u> Division: <u>15-16</u> Gender: <u>M</u>	2:40:48	7
	Name: <u>MEDRICK BURNETT</u> Team: <u>New ERA</u> Event: <u>800</u> Division: <u>15-16</u> Gender: <u>Boys</u>	2:42:05	8
9	NO TAG	2:47:22	9

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PACIFIC COAST SHOCKWAVES

Circle One: Boy's/Men's Girl's/Women's      Event: 3000M 200M 110H 100H 80H  
 8&U 9-10 11-12 13-14 15-16 17-18      800M 4X100 3000RW 4X400

HEAT # \_\_\_\_\_  
 Start Time: \_\_\_\_\_ End: \_\_\_\_\_ Recorder \_\_\_\_\_ Master Timer \_\_\_\_\_

Lane #	Name	Affiliation	Time (min:sec.sec)	PLACE
3 <sub>1</sub>	Wylie Clough	PCS	10:03.87	1
7	Michael Guerra	PCS	10:23.95	2
8 <sub>3</sub>	Maion Lindsay	LBFlyers	10:37.47	3
15 <sub>4</sub>	Cooper Kutz	SOC Wildcat	11:44.19	4
17	Sage Sofo	Quick Track	12:10.26	5
18	Aider R	Grit	12:38.25	6
7				
8				
9				

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# PACIFIC COAST SHOCKWAVES

Circle One: Girls/Women Boys/Men

Event: 1500M 100M 4x100M 200M (S&B)

8&U 9-10 11-12 13-14 15-16 17-18 1104

400M 200MH 1500 RW 4x800M

HEAT # 1

Start Time: End: Recorder: Master Timer:


Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1			
2			
3	Name: <u>DAVIS - LYRIC</u> Team: <u>Rising Stars</u> Event: <u>1104H</u> Division: <u>15-16</u> Gender: <u>BOYS</u>	18.97	1st
4			
5			
6			
7			
8			
9			

PACIFIC COAST SHOCKWAVES

Circle One: Boy's/Men's Girl's/Women's Event: Long Jump  
 8&U 9-10 11-12 13-14 15-16 17-18

FLIGHT #

Start Time: \_\_\_\_\_ End: \_\_\_\_\_ Recorder \_\_\_\_\_ Head \_\_\_\_\_

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
1	Name: <u>Stephan Foster</u> Team: <u>Chico Pumas</u> Event: _____ Division: _____ Gender: _____ 	4.19	<del>4.19</del>	4.40	4.47	4.50	1
2							
3							
4							
5							
6							
7							
8							
9							

PACIFIC COAST SHOCKWAVES

Circle One: Boy's/Men's Girl's/Women's Event: Javelin  
 8&U 9-10 11-12 13-14 15-16 17-18

FLIGHT # Start Time: End: Recorder Head

10  
11  
12

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
1	Name: <u>CISCO HIVAREL</u> Team: <u>UNA</u> Event: <u>Javelin</u> Division: <u>15-16</u> Gender: <u>B</u>	X	✓	✓	✓	31.22	2
2	Name: <u>CARON OLIVAS</u> Team: <u>UNA</u> Event: <u>Javelin</u> Division: <u>15-16</u> Gender: <u>MALE</u>	✓	✓	✓	✓	15.02	3
3	Name: <u>JONETT Goldstein</u> Team: <u>PRR</u> Event: <u>Javelin</u> Division: <u>15-16</u> Gender: <u>M</u>	✓	✓	✓		34.14	1
4							
5							
6							
7							
8							
9							

Dash = Pass, F = Foul

PACIFIC COAST SHOCKWAVES

Circle One: Boy's Men's Girl's/Women's Event: Shot Put  
 8&U 9-10 11-12 13-14 15-16 17-18

FLIGHT #

Start Time: End: Recorder Head

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
1	Name: <u>CAMPON OLIVAS</u> Team: <u>UNA</u> Event: <u>Shot</u> Division: <u>15-16</u> Gender: <u>Male</u>	6.25	6.29	6.46	6.38	6.46	1
2	Name: <u>Owen Stein</u> Team: <u>Arcadia Dragons</u> Event: <u>SP</u> Age: <u>15/16</u> Division: _____ Gender: _____	5.14	5.38	5.27	5.26	5.38	2
3							
4							
5							
6							
7							
8							
9							
Dash = Pass, F = Fouled							