

PACIFIC COAST SHOCKWAVES

Circle One: Girls/Women Boys/Men
 8&U 9-10 11-12 13-14 15-16 17-18

Event: 1500M 100M 4x100M 200M (5&6)
400M 200MH 1500 RW 4x800M

HEAT # 1
 Start Time: _____ End: _____ Recorder _____ Master Timer _____

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1	Name: <u>AAMAT SMILEY</u> Team: <u>F.O.C.O.S</u> Event: <u>400M</u> Division: _____ Gender: _____	57.901	3
2	Name: <u>Sheldon Watanabe</u> Team: <u>Armadillo</u> Event: <u>400</u> Division: <u>17/18</u> Gender: _____	54.257	1
3			
4			
5			
6			
7			
8			
9			

PACIFIC COAST SHOCKWAVES - 2017-2018 SEASON

PACIFIC COAST SHOCKWAVES

Circle One: Girls/Women Boys/Men
 8&U 9-10 11-12 13-14 **15-16** 17-18

Event: 1500M 100M 4x100M 200M (5&6)
400M 200MH 1500 RW 4x800M

HEAT # 2
 Start Time: End: Recorder Master Timer

Lane #	Name Affiliation	Time (min:sec.sec)	PLACE
1			1
2			
3	Name: <u>Gabriel Heart</u> Team: <u>Team D1</u> Event: <u>400m</u> Division: <u>15-16</u> Gender: <u>M</u>	59.464	4
4	Name: <u>William Scott</u> Team: <u>PCS</u> Event: <u>400</u> Division: <u>15-16</u> Gender: <u>M</u>	54.765	2
5	Name: <u>Sam Tang</u> Team: <u>Arcadia D</u> Event: <u>400</u> Division: <u>15/16</u> Gender: _____	1:04.734	5
6	Name: <u>Dominic Trevino-Bermudez</u> Team: <u>PRR</u> Event: <u>400</u> Division: <u>15-16</u> Gender: <u>M</u>	104.897	6
7			
8			
9			

PACIFIC COAST SHOCKWAVES

Circle One: **Boy's/Men's** Girl's/Women's Event: Long Jump
 8&U 9-10 11-12 13-14 15-16 **17-18**

FLIGHT #

Start Time: _____ End: _____ Recorder _____ Head _____

#	Name	1st Att.	2nd Att.	3rd Att.	4th Att.	BEST DIST.	PLACE
Bib #	Affiliation						
10	Name: Sheldon Natanabe Team: Arcadia D Event: LJ Division: 17/18 Gender: _____	4.85	4.84	4.99	4.78	4.99	1
11							
12							
13							
14							
15							
16							
17							
18							