



2024 PCS Track and Field & Cross Country Schedule

Jan 14: SCA Banquet of Champions: Carson Community Center, \$35/ticket.
2 PM

B-Meets (All-Comers): These are 1-day meets

March 8-10: USATF National Youth Indoor Championships. Norton
Healthcare Sports & Learning Center, Louisville, KY

March 30: Los Angeles Jets Relay Carnival. Location: TBD

April 6: Chino Pumas (B-2). Location: Chino High School

March 23-24: Las Vegas Heat Invitational. Legacy High School: Las Vegas, NV

A-Meets (SCA Junior Olympic Qualifiers): These are 2 or 3 day meets and have all of the USATF events offered

April 13-14: Free Spirit Invitational: Location: TBD

April 20-21: Pacific Coast Shockwaves Invitational: Location: Cerritos College

April 27-28: Imani: Location: TBD

May 4-5: Long Beach Sprinters Invitational. Location: Long Beach City College

May 4-5: Hercules Running Rebels Invitational: Location: Memorial Stadium, University of California at Berkeley

May 11-12: OPEN

May 18-19: Pasadena Running Roses Invitational. Location: Muir High School Pasadena, CA

May 25-26: Los Angeles Jets Invitational. Location: TBD



May 31-June 2: West Coast Classic hosted by the Pacific Coast Shockwaves. Location: Cerritos College

Track and Field Post-Season

June 7-9: Southern California Association Championships (Location: TBD)

Nike Outdoor Nationals: June 13-16: Location: Hayward Field, Eugene Oregon-We will take all Middle School qualifiers. 2023 Qualification standards have been posted on our website.

Region 15 Championships: Date June 20-23 (meet will start off with the Multi-Event Qualification). Location: Las Vegas: Location: TBD

USATF Youth Outdoor Championships: Date: June 26-30 Location: Ichan Stadium New York

July 13-14: California State Games. Location: TBD

July 22-28: USATF Junior Olympics National Championships (Cushing Stadium, Texas A&M University, College Station, TX



2024 PCS Cross Country Schedule

September 14: Valley United. Location: Central Park-Santa Clarita

September 22: OC Grit. Location: Central Park-Huntington Beach

October 6: Pacific Coast Shockwaves. Location: Peck Park San Pedro, CA

October 13: Free Spirit Condors. Location: Mt. SAC

October 19-20: Open

October 27: LA Jets. Location: Hartwell Park Long Beach, CA

November 10: USATF-SCA XC Championships. Location: TBD

November 17: USATF-SCA Reg. 15 XC Championships SoCal Association

December 14: USATF National Junior Olympics, Tom Sawyer Park, Louisville, KY